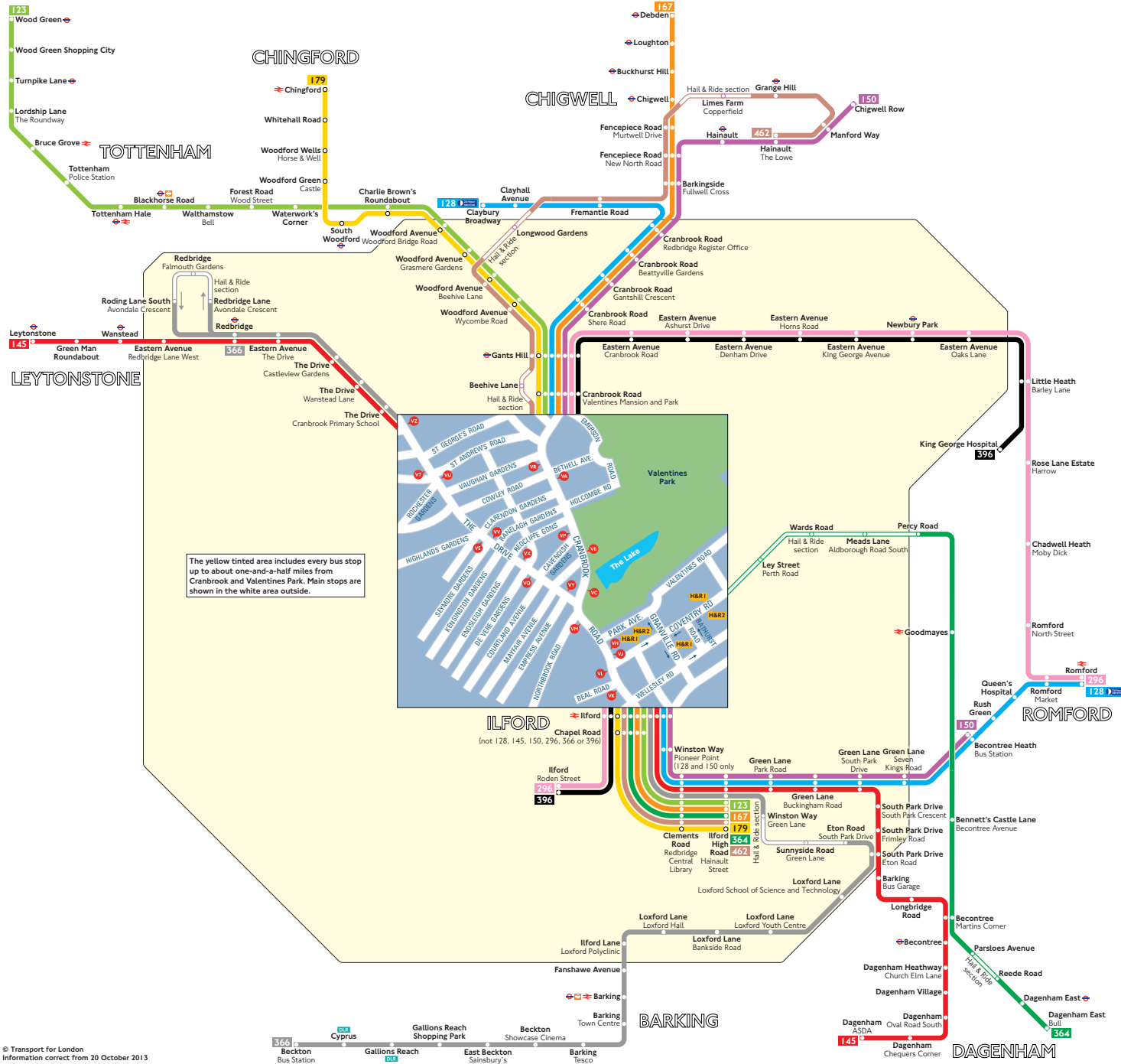


Buses from Cranbrook and Valentines Park



Key

- Connections with London Underground
- Connections with London Overground
- Connections with National Rail
- Connections with Docklands Light Railway

Route 364 operates as Hail & Ride on the sections of roads marked **H&R1** and **H&R2** on the map. Buses stop at any safe point along the road. There are no bus stops at these locations, but please indicate clearly to the driver when you wish to board or alight.

Red discs show the bus stop you need for your chosen bus service. The disc **A** appears on the top of the bus stop in the street (see map of town centre in centre of diagram).

Route finder

Day buses including 24-hour services

Bus route	Towards	Bus stops
123	Ilford	VH VB VC VJ
	Wood Green	VJ VM VP VR
128	Claybury Broadway	VH VM VP VR
	Romford	VA VB VC VH
145	Dagenham	VH VM VV VX VY VZ
	Leytonstone	VJ VM VP VS VT
150	Becontree Heath	VA VB VC VH
	Chigwell Row	VH VM VP VR
167	Debden	VH VM VP VR
	Ilford	VA VB VC VJ
179	Chingford	VJ VM VP VR
	Ilford	VA VB VC VJ
296	Ilford	VA VB VC VJ
	Romford	VH VM VP VR
364	Dagenham East	VH H&R1
	Ilford	VJ H&R2
366	Beckton	VH VM VV VX VY VZ
	Redbridge	VH VM VP VR
396	Ilford	VA VB VC VJ
	King George Hospital	VH VM VP VR
462	Hainault	VH VM VP VR
	Ilford	VA VB VC VJ