








Buses from Dagenham Heathway

Key

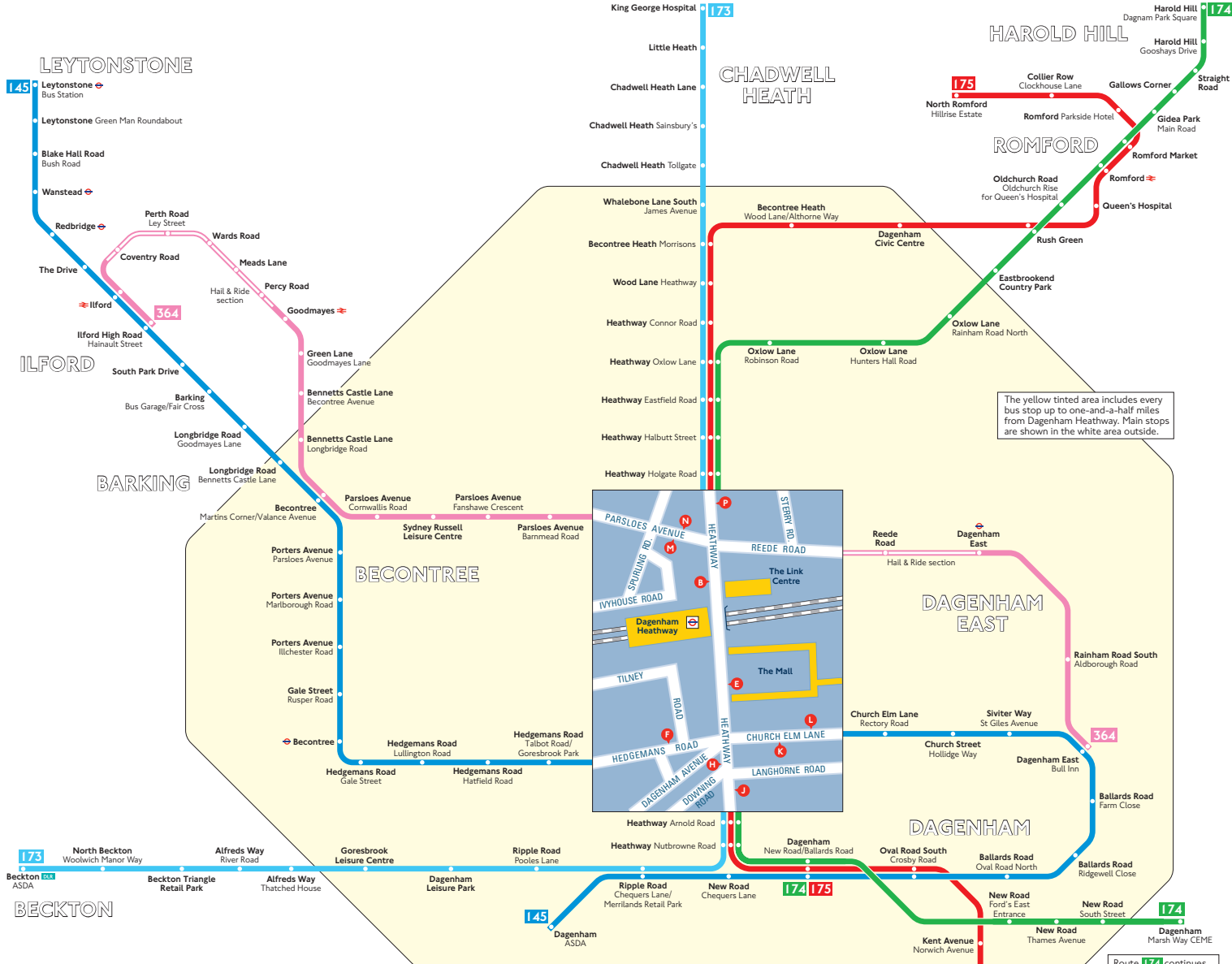
-  Connections with London Underground
-  Connections with National Rail
-  Connections with Docklands Light Railway
-  Mondays to Saturdays only
-  Mondays to Fridays until 2230 and Saturday mornings until 0645

 Red discs show the bus stop you need for your chosen bus service. The disc  appears on the top of the bus stop in the street (see map of town centre in centre of diagram).

Route finder

Day buses

Bus route	Towards	Bus stops
145	Dagenham	F L
	Leytonstone	K
173	Beckton	E J P
	King George Hospital	B H
174	Dagenham Marsh Way CEME★	E J P
	Dagenham New Road/Ballards Road Daily	E J P
	Harold Hill	B H
175	Dagenham Ford Main Works▲	E J P
	Dagenham New Road/Ballards Road Daily	E J P
	North Romford	B H
364	Dagenham East	N
	Ilford	M



The yellow tinted area includes every bus stop up to one-and-a-half miles from Dagenham Heathway. Main stops are shown in the white area outside.

Route **175** continues to Ford Main Works on Mondays to Fridays until 2230 and on Saturdays until 0645.

Route **174** continues to Marsh Way CEME on Mondays to Saturdays.